

Desyree Dixon

TRAUMA TRANSFORMER™

CONSULTANT | SPEAKER | INTERNATIONAL TRAINER



Desyree Dixon is a first-generation Jamaican-American Trauma Transformer™ and Change Point Expert. She believes in the power of Empathy to improve both people and organizations. Desyree is:

- An executive coach, consultant, and award-winning trauma expert in the Mid-Atlantic region.
- Founder and CEO of Whew Corp business psychological firm and Bolton Therapy & Wellness, a private group mental health practice.
- Serving on the inaugural Baltimore City Trauma Informed Care Task Force.
- The creator of TBID I/TBID II,™ an innovative treatment modality and therapeutic framework for identity based trauma.

Featured in Baltimore Magazine's "Top Docs of 2020," Desyree's work centers on the importance of identity as it relates to both people and organizations. As a current doctoral student at USC, Desyree's research focuses on helping organizations improve their climate and culture by deepening their understanding of how identity impacts learning and performance. She identifies the root causes of organizational dysfunction; helps them to transform in ways that are empowering and restorative. She addresses organizational health through a lens that incorporates diversity, equity, inclusion and belonging (DEIB). Desyree delivers inspiring presentations that are insightful and engaging.

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